COVID-19 Exposure Return to Work Guidelines

Public Health
Seattle & King County

COVID-19 Exposure

1. Quarantine AND
2. Monitor symptoms for 14 days from exposure

Each day on surveillance: Any symptoms?

Symptomatic

1. Isolation for AT LEAST 14 days from symptom onset AND
2. Obtain COVID-19 testing

COVID-19 Positive

Have 7 days passed from symptom onset?

NO → Isolation

YES → Has fever resolved for **AT LEAST 72** hours ?
(No fever without fever-reducing medications)

NO → Isolation

YES → **Return To Work**

IF: (1) 14+ days past illness onset AND
(2) Fever resolved for 72+ hours AND
(3) All symptoms resolved

COVID-19 Negative

Have symptoms resolved for **AT LEAST 24** hours
(No fever without fever-reducing medications)

If NEW symptoms arise during 14-day monitoring, return to isolation AND re-test for COVID-19

NO → Isolation

YES → **Return To Work**

IF: (1) 14+ day past exposure AND
(2) 24+ hours symptom free

Asymptomatic

Have 14 days passed since exposure?

NO → Quarantine

YES → **Return To Work**

IF: 14+ days past exposure

Symptoms include:
- Fever > 100F
- Respiratory symptoms

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Adapted from DOH